

<b>C182 Nav Trainer</b>	<b>RPM</b>	<b>Flaps</b>	<b>KTs</b>	<b>FPM</b>
<b>Climb</b>	<b>2700</b>	<b>–</b>	<b>90</b>	<b>Maintain 90 kts</b>
<b>Cruise–Level, 5000 ft</b>	<b>2500</b>	<b>–</b>	<b>110</b>	<b>–</b>
<b>Cruise–Descend</b>	<b>2170</b>	<b>–</b>	<b>110</b>	<b>500</b>
<b>Approach–Level</b>	<b>2130</b>	<b>one notch</b>	<b>75</b>	<b>–</b>
<b>Approach–Descend</b>	<b>1660</b>	<b>one notch</b>	<b>75</b>	<b>500</b>
<b>Approach–Glide Slope</b>	<b>1800</b>	<b>one notch</b>	<b>75</b>	<b>400</b>